

VARIOUS CAREER OPTIONS IN SPORTS

Sports offers several career openings. The best known are professional players of different sports such as cricket, badminton, tennis, hockey, football, table-tennis etc. and athletes pursuing different athletic disciplines. Other jobs related to sports are training and coaching, umpiring and reporting, a commentators or manufacturing of sporting goods.



Sports persons

- Train in the sport of their choice
- Practice to reach levels of competition and maintain fitness and skills in the sport
- Compete at different levels
- Represent their school, college, region, country in events around the state, country or at the international level
- Professional players are selected from among those who show record performance in a number of tournaments played at various levels. Selections are conducted at the institutional level, district level, regional level and the national level
- Outstanding performers represent the country at the international level

Sport Instructors

- Conduct classes to teach the skills of the sport and coach students in games and athletics
- Train students in calisthenics, gymnastics and other physical exercises to promote strength and gracefulness, or to reduce and correct bodily posture
- Organize games and tournaments and events
- Referee for games such as hockey, basketball, football etc
- Take responsibility for the maintenance of gymnasiums and sports equipment
- Supervise games in junior classes

Coaches

- Select talented players and sports persons
- Instruct them in the rules, planning and precision of movements in the game
- Demonstrate techniques of playing
- Drill trainees until they become familiar
- Make observation of players in action, make helpful criticism and suggest corrective methods
- They accompany the players during tournaments and provide the necessary guidance as well as boost up the morale of the players

Umpire/Referee

- Have knowledge of the rules of the game
- Hold certification from recognized state or national
- Conduct the games and sports in accordance with rules and regulations
- Inspect sports equipment, the ground, and enforce compliance of schedules, rules, etc. during a game

Sports facility administrators

- Manage the work at various levels in a government or private sport facility

Sports club managers

- Perform administrative duties
- Oversee the sports facilities and the upkeep
- Ensure the premises, pool and equipment such as badminton nets, mats are maintained
- Manage accounts, do planning, timetabling for schools, clubs and the general public
- Arrange for specialized coaches
- Ensure that health and safety regulations are followed
- Physical fitness instructors and therapists
- Oversee the administration of a fitness center
- Ensure the proper maintenance and use of equipment
- Advice and provide instruction for the use of specialized equipment
- Do personal and group training sessions
- Maintain records

Sports equipment manufacturers

- Design and manufacture sports goods
- Market sports goods
- Research and develop equipment with the advise of sports persons

Sports journalists

- Work as regular columnists, feature writers for newspapers and periodicals
- Work as commentators
- Produce sports programs
- Direct and present sports shows
- Prepare and present sports programs for its viewers
- Sports photojournalists cover sports events for newspaper and magazines

Skills required

- Energy, enthusiasm & physical fitness
- Patience, perseverance and a sporting spirit
- Good physical conditioning & psychomotor development
- Physical and mental endurance
- Commitment to the profession & the game
- Communication and business skill
- Team spirit

Employment Opportunities

- Sports academies, Sports colleges and Institutions, Sports clubs, Leisure clubs, Sports Authority of India, Schools, Colleges, Fitness centers, Newspapers, Electronic media etc.
- Government recruits meritorious sports persons directly to Group 'C' and 'D' posts. If they fulfill the requisite educational qualifications. Nationalized banks, public sector undertakings and some private groups recruit outstanding sports persons.

How do I get there?

Path 1:

- **Std XII**

Stream: Any **Graduation** B.Phys Edn/SAI* **Post graduat...**M.Phys Edn **Goal**
Instructor/Therapists/Coach

Path 2:

- **Std XII**

Stream: Any **Training** Sports Academy **Competition**District>Regional>National.

*The Sports Authority of India has been constituted at the National level to encourage and develop sports talent. SAI has state level branches to organize, manage and conduct schemes intended to promote sports facilities & talent.

SAI is also responsible for Training Coaches, for carrying out R&D in sports & Physical Education, Sports promotion, nurturing talent, training of athletes.

Note: Teachers, Trainers and Managers: Graduation in Physical Education followed by Post-graduation

Where to study?

Prestigious Institutes in India

- **Netaji Subhas National Institute of Sports, Patiala**
- **Sports Authority of India**
- **Laxmibai National College of Physical Education, Gwalior**

Offering Under Graduate Courses

- University of Delhi

Offering Post Graduate Courses

- Banaras Hindu University

Offering Other Courses

- Maharishi Dayanand University, Rohtak
- Netaji Subhas National Institute of Sports, Patiala
- SAI Laxmibai National College of Physical Education, Gwalior
- Sambalpur University, Sambalpur
- Sports Authority of India
- The Indira Gandhi Institute of Physical Education & Sports, Delhi
- Gopichand Badminton Academy
- Prakash Padukone Badminton Academy
- Bhaichung Bhutia Football Schools
- Mary Kom boxing academy
- Bhiwani Boxing Club
- Mahesh Bhupathi Tennis Academy
- Gun For Glory Shooting Academy
- Tata Football Academy
- Cricket India Academy
- MRF Pace Foundation